

Nathaniel R. Herr, Ph.D.

Curriculum Vitae

Address: American University
Department of Psychology – 321A
4400 Massachusetts Ave., NW
Washington, DC 20016

Email: nherr@american.edu
Phone: 202-885-1724
Fax: 202-885-1023
Webpage: <http://www.nrhpsych.com/>

Academic Positions

- 2012-** **Assistant Professor**
Department of Psychology
American University
- 2012-** **Adjunct Assistant Professor**
Department of Psychiatry and Behavioral Sciences
Translational Neuroscience Division
Duke University Medical Center
- 2011-2012** **Clinical Associate**
Department of Psychiatry and Behavioral Sciences
Duke University Medical Center

Education

- 2009** **Ph.D. in Clinical Psychology**
University of California, Los Angeles
- 2004** **M.A. in Clinical Psychology**
University of California, Los Angeles
- 2002** **B.A. in Psychology; Sociology**
University of Pennsylvania, Philadelphia

Additional Training

- 2009-2011** **Postdoctoral Associate**
Duke University Medical Center, Durham, NC
Cognitive Behavioral Research and Treatment Program
Department of Psychiatry and Behavioral Sciences
- 2008-2009** **Medical Psychology Intern**
Duke University Medical Center, Durham, NC

Grant Funding

- 2012-2016** “Evaluating a Novel Method of Generalizing Emotion Regulation”
PI: M. Zachary Rosenthal, Ph.D.
NIMH
Role: Consultant (AU); Co-Investigator (Duke)
Study examines the effectiveness of the use of a habituation reminder cue in decreasing emotional arousal to personally-relevant emotional stressors.

Previous Grant Funding

- 2009-2012** “Randomized Controlled Trial of a Computer-Based Intervention to Augment Drug Counseling”
PI: M. Zachary Rosenthal, Ph.D.
NIDA 1R01-DA026454-01
2009-2014
Role: Project Coordinator
Study examines the efficacy of a virtual reality exposure and extinction training procedure as an adjunct to standard individual and group treatment for crack cocaine addiction.
- 2009-2012** “Virtual Reality and Cellular Phones as a Complementary Intervention for Veterans with PTSD and Substance Use Disorders”
PI: M. Zachary Rosenthal, Ph.D.
DOD/TATRC W81XWH-08-2-0209
2008-2012
Role: Project Coordinator
Study examines the efficacy of a virtual reality exposure and extinction training procedure as an adjunct to prolonged exposure for comorbid PTSD and substance use.

Publications

- Weber, D. M. & **Herr, N.R.** (under review). The Messenger Matters: Invalidating Remarks from Men Provoke a More Negative Emotional Reaction than Do Remarks from Women.
- Herr, N. R.**, Meier, E. P., Weber, D. M., & Cohn, D. M. (under review). Validation of Emotional Experience Moderates the Relation between Personality and Aggression.
- McMahon, K., **Herr, N. R.**, Zerubavel, N., Hoertel, N., & Neacsiu, A. D. (2016) Psychotherapeutic Treatment for Bipolar Depression. *Psychiatric Clinics of North America*, 39, 35-56.
- Herr, N. R.**, Jones, A. J., Cohn, D. M., & Weber, D. M. (2015). The impact of validation and invalidation on aggression in individuals with emotion regulation difficulties. *Personality Disorders: Theory, Research, and Treatment*, 6, 310-314.

- Neacsiu, A. D., **Herr, N. R.**, Fang, C. M., Rodriguez, M. A., Rosenthal, M. Z. (2015). Identity disturbance and problems with emotion regulation are related constructs across diagnoses. *Journal of Social and Clinical Psychology, 71*, 346-361.
- Cheavens, J. S., Lazarus, S. A., & **Herr, N. R.** (2014). Interpersonal choices by individuals with elevated features of borderline personality disorder. *Journal of Personality Disorders, 28*, 594-606.
- Herr, N. R.**, Williams, J. W., Benjamin, S., & McDuffie, J. (2014). Does this patient have generalized anxiety or panic disorder? *JAMA, 312*, 78-84.
- Herr, N. R.**, Rosenthal, M. Z., Geiger, P. J., & Erikson, K. (2013). Difficulties with emotion regulation mediate the relationship between borderline personality disorder symptom severity and interpersonal problems. *Personality and Mental Health, 7*, 191-202.
- Herr, N. R.**, Keenan-Miller, D., Rosenthal, M. Z., & Feldblum, J. (2013). Negative interpersonal events mediate the relation between borderline features and aggressive behavior: Findings from a nonclinical sample of undergraduate women. *Personality Disorders: Theory, Research, and Treatment, 4*, 254-260.
- Keefe, F. J., Huling, D. A., Coggins, M. J., Keefe, D. F., Rosenthal, Z. R., **Herr, N. R.**, & Hoffman, H. G. (2012). Virtual Reality for Persistent Pain: A New Direction for Behavioral Pain Management. *Pain, 153*, 2163-2166.
- Shahar, B., & **Herr, N. R.** (2011). Depressive symptoms predict inflexibly high levels of experiential avoidance in response to daily negative affect: A daily diary study. *Behaviour Research and Therapy, 49*, 676-681.
- Rosenthal, M. Z., Kim, K., **Herr, N. R.**, Smoski, M. J., Cheavens, J. S., Lynch, T. R., & Kosson, D. S. (2011). Speed and accuracy of facial expression classification in avoidant personality disorder: A preliminary study. *Personality Disorders: Theory, Research, and Treatment, 2*, 327-334.
- Benjamin, S., **Herr, N. R.**, McDuffie, J., Nagi, A., Wing, L., & Williams, J. W., (2011) Performance characteristics of self-report instruments for diagnosing generalized anxiety and panic disorders in primary care: A systematic review. *Veterans Affairs Health Services Research and Developmental Service, VA-ESP Project #09-010*.
- Herr, N. R.**, Hammen, C., & Brennan, P. A. (2008). Maternal borderline personality disorder symptoms and adolescent psychosocial functioning. *Journal of Personality Disorders, 22*, 451-465.
- Hammen, C., Brennan, P. A., Keenan-Miller, D., & **Herr, N. R.** (2008). Early onset recurrent subtype of adolescent depression: Clinical and psychosocial correlates. *Journal of Child Psychology and Psychiatry, 49*, 433-440.

Herr, N. R., Hammen, C., & Brennan, P. A. (2007). Current and past depression as predictors of family functioning: A comparison of men and women in a community sample. *Journal of Family Psychology*, 21, 694-702.

Herr, N. R. (2006). Improving assessment and treatment for depressed men. *Advances in Cognitive Therapy, IACP 8/ACT 6*, 5.

Presentations

Meier, E. P., **Herr, N. R.**, Woodward, E., Mitchell, J. E., Gunthert, K., & Covington, A. (2016). *Measuring Emotion Recognition in Couples: A Daily Diary Study*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. New York, NY.

Kim, J.E., Kelley, L., Howard, M., Smotherman, S., Neacsiu, A., **Herr, N. R.**, & Rosenthal, M. Z. (2016). *A Brief Emotion Regulation Laboratory Intervention Assessed by Ecological Momentary Assessment (EMA)*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. New York, NY.

Cohn, D. M., Weber, D. M., Woodward, E., Mitchell, J. E., & **Herr, N. R.** (2016). *Mental Health Care Utilization Among Individuals With Symptoms of BPD*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. New York, NY.

Weber, D. M., Cohn, D. M., Faith, E., Meier, E. P., & **Herr, N. R.** (2016). *Barriers to Treatment Seeking Among Individuals With Personality Disorder Symptoms*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. New York, NY.

Mitchell, J. E., Weber, D. M., **Herr, N. R.**, Gunthert, K., & Covington, A. (2016). *Dependency Patterns Among Individuals With BPD Symptoms*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. New York, NY.

Woodward, E. C. & **Herr, N. R.** (2016). *Intergenerational Emotion Dysregulation: Older Adolescent Negative Perception as a Moderator*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. New York, NY.

Nunez, C. M., Fang, C. M., **Herr, N. R.**, Smotherman, S., Howard, M., Kim, J., Jenkins, M., & Rosenthal, M. Z. (2016). *Moderators of Habituation in a Laboratory Emotion Regulation Paradigm: The Role of Diagnostic, Trait, and State Anxiety*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. New York, NY.

Meier, E. P., **Herr, N. R.**, Cohn, D. C., Faith, E., & Nolan, M. (2016). *Emotion Recognition Sensitivity and Response Patterns in BPD and Depression*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. New York, NY.

Fang, C. M., Jenkins, M., **Herr, N. R.**, Smotherman, S., Howard, M., Kim, J., & Rosenthal, M. Z. (2016). *Geospatially Mapping Generalization of Emotion Regulation in an Outpatient Sample*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. New York, NY.

- Herr, N. R.**, Sauer-Zavala, S., Comer, J. S., McCrady, B. S., Pachankis, J. E., & Sherrill, J. (2016). *Conducting Treatment Outcome Research That Addresses NIH Priorities: Successful Approaches and Guidance for Future Applicants*. Chair of panel at the Association for Behavioral and Cognitive Therapies conference. New York, NY.
- Herr, N. R.**, Goldfried, M., Tolin, D. F., Sahlin, H., Boswell, J., & Kerns, S. E. (2015). *Bridging the Gap Between Scientists and Practitioners: International Perspectives on Identified Barriers and Novel Solutions*. Chair of panel at the Association for Behavioral and Cognitive Therapies conference. Chicago, IL.
- Cohn, D. M. & **Herr, N. R.** (2015). *The Relationship Between Shame and Aggression in Individuals With Features of BPD*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. Chicago, IL.
- Meier, E. P., **Herr, N. R.**, & Weber, D. M. (2015). *Patterns of Emotion Recognition in Relationship to Borderline and Depressive Features*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. Chicago, IL.
- Weber, D. M. & **Herr, N. R.** (2015). *The Effect of Gender on Affect Following Invalidiation*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. Chicago, IL.
- Herr, N. R.**, Cohn, D. M., Hughes, C. D., Lehmann, K., Jones, A. C., & Baez, A. (2014). *Predictors and Correlates of Aggressive Behavior Among Individuals with BPD Features*. Talk presented as part of the symposium “Anger and Aggression in BPD: Using Multidisciplinary Approaches to Explore Predictors, Functions, and Outcomes” at the Association for Behavioral and Cognitive Therapies conference. Philadelphia, PA.
- Jones, A. C., Hughes, C. D., & **Herr, N. R.** (2014). *Impact of Validation Versus Invalidiation on Aggression in Individuals With Emotion Regulation Difficulties*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. Philadelphia, PA.
- Cohn, D. M., Lehmann, K., & **Herr, N. R.** (2014). *Application of Eye-Tracking Technology to the Study of Facial Emotion Recognition in Individuals with Symptoms of BPD*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. Philadelphia, PA.
- Hughes, C. D. & **Herr, N. R.** (2014). *Relation Between Identity Disturbance and Interpersonal Dysfunction Among Individuals With Symptoms of BPD*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. Philadelphia, PA.
- Kang, M., Fang, C. M., Neacsiu, A. D., Strong, D., **Herr, N. R.**, Rodriguez, M., & Rosenthal, M. Z. (2014). *Specific and Nonspecific Factors Associated With Treatment Compliance*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. Philadelphia, PA.
- Rosenthal, M. Z., Fang, C. M., Gratz, K. L., & **Herr, N. R.** (2014). *Emotional Dysfunction in BPD: Translating Insights From Recent Laboratory Research Into Clinical Practice*.

Panelist at the Association for Behavioral and Cognitive Therapies conference. Philadelphia, PA.

Rosenthal, M. Z., **Herr, N. R.**, Larrauri, J., Kelley, L, Neacsiu, A. D., & Jenkins, M. R. (2013). *New Frontiers in the Study of Emotion Regulation: Innovative Laboratory-Based Methods of Emotional Responding and Regulation*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. Nashville, TN.

Herr, N. R. & Geiger, P. J. (2012). *Examining Specific Types of Interpersonal Dysfunction Associated with Borderline Personality Disorder Traits*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. National Harbor, MD.

Benjamin, S., **Herr, N. R.**, McDuffie, J., Nagi, A., & Williams, J. W. (2012, July). *Performance Characteristics of Self-report Instruments for Diagnosing Generalized Anxiety and Panic Disorders in Primary Care: A Systematic Review*. Poster presented at the HSR&D/QUERI National Conference. National Harbor, MD.

Herr, N. R., Hammen, C. L., & Brennan, P. A. (2011, November). *A Five-Year Follow-up of the Impact of Maternal BPD on Adolescent Psychopathology and Psychosocial Functioning*. Talk presented as part of the symposium “When a Parent, Child, or Partner has BPD: Understanding the Impact on Families and Improving Interventions” at the Association for Behavioral and Cognitive Therapies conference. Toronto, Canada.

Rosenthal, M. Z., **Herr, N. R.**, Chapman, A. L., Gratz, K. L., & Links, P. (2011, November). *BPD and Emotional Dysfunction: Translating and Disseminating the Science to Improve Health Care*. Chair and panelist at the Association for Behavioral and Cognitive Therapies conference. Toronto, Canada.

Herr, N. R., Rosenthal, M. Z., Geiger, P. J., & Erikson, K. (2011, November). *Difficulties with emotion regulation mediate the relationship between borderline personality disorder symptom severity and interpersonal problems*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. Toronto, Canada.

Geiger, P. J., Rountree, K., **Herr, N. R.**, & Rosenthal, M. Z. (2011, November). *Shame Is Higher in BPD Than in Clinical and Nonclinical Controls, and Predicts BPD Features and Suicidal Ideation*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. Toronto, Canada.

Feldblum, J. T., Fang, C. M., Geiger, P. J., **Herr, N. R.**, & Rosenthal, M. Z. (2011, November). *Emotional Dysfunction in BPD With and Without PTSD*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. Toronto, Canada.

Fang, C. M., Geiger, P. J., **Herr, N. R.**, & Rosenthal, M. Z. (2011, November). *Dimensions of Emotion Dysregulation Predict BPD Features*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. Toronto, Canada.

- Herr, N. R.**, Keenan-Miller, D. (2010, November). *Examining the Relationship between Aggression and Interpersonal Functioning in BPD*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. San Francisco, CA.
- Morris-Jones, M., **Herr, N. R.**, Cuper, P. F., Rosenthal, M. Z. (2010, November). *Interpersonal Problems as a Predictor of Suicidal Ideation Among Individuals with BPD*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. San Francisco, CA.
- Geiger, P., **Herr, N. R.**, Ahn, R., Rosenthal, M. Z. (2010, November). *Emotional Sensitivity to Personally Relevant Sounds in Borderline Personality Disorder*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. San Francisco, CA.
- Kim, K., Geiger, P., **Herr, N. R.**, & Rosenthal, M. Z. (2010, November). *The Virtual Reality Emotion Sensitivity Test (V-REST): Development and Construct Validity*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. San Francisco, CA.
- Herr, N. R.**, & Shahar, B. (2010, November). *A Daily Diary Study of the Relationship between Daily Negative Affect and Experiential Avoidance as a Function of Depressive Symptoms*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. San Francisco, CA.
- Herr, N. R.** (2008, November). *A Self-Report Measure of Identity Disturbance in Borderline Personality Disorder*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. Orlando, FL.
- Herr, N. R.**, Hammen, C. L., & Brennan, P. A. (2007, November). *Do Maternal BPD Symptoms During Adolescence Predict Young Adults' Psychosocial Functioning Five Years Later?* Poster presented at the International Society for the Improvement & Teaching of Dialectical Behavior Therapy conference. Philadelphia, PA.
- Herr, N. R.**, Hammen, C. L., & Brennan, P. A. (2006, November). *The Impact of Maternal Borderline Symptoms on Adolescent Depressive Symptoms and Interpersonal Functioning*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. Chicago, IL.
- Simon, S. L., **Herr, N. R.**, Gutierrez, A., & McFarr, L. M. (2006, November). *Assessing Therapy-Interfering Behaviors in DBT*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. Chicago, IL.
- Herr, N. R.**, Hammen, C. L., & Brennan, P. A. (2005, November). *Interpersonal Functioning in Adolescents with a History of Depression: Predicting Outcome at Age 20*. Poster presented at the Association for Behavioral and Cognitive Therapies conference. Washington, D.C.
- Herr, N. R.** & Hammen, C. (2004, November). *Interpersonal Functioning of Depressed Men as Compared to Nondepressed Men and Depressed Women*. Poster presented at the Association for the Advancement of Behavioral Therapy conference. New Orleans, LA.

Herr, N. R. & Cahill, S. P. (2003, November). *Would You? Could You? What If I Paid You? Differing Meanings of Self-Efficacy and the Effects of Incentives on Anticipated Performance.* Poster presented at the Association for the Advancement of Behavioral Therapy conference. Boston, MA.

Honors and Awards

2007 Psychology Department Summer Research Mentorship Award, UCLA
2006 Graduate Division Summer Research Mentorship Award, UCLA
2005 Stanley Sue Research Award, Outstanding Master's Thesis, UCLA
2003-2005 Awarded traineeship from "Psychological Research on Schizophrenic Conditions," NIMH Ruth L. Kirschstein National Research Service Award, Grant No. T32- MH14584. PI: Keith H. Nuechterlein, Ph.D.
2002 Graduation with Distinction in Psychology, University of Pennsylvania
2002 Graduated *magna cum laude*, University of Pennsylvania

Clinical Experience

2012- Licensed Clinical Psychologist in Washington, DC, Lic. #: 1000840

2011-2012 Licensed Clinical Psychologist in North Carolina, Lic. #: 4073

2011-2012 **Clinical Associate**
Duke University Medical Center, Durham, NC
Duties: Caseload of 12 individual patients. Expertise in DBT and CBT for mood, anxiety, and personality disorders. Supervise psychiatry residents and trainees on CBT via regular meeting and live supervision.

2009-2011 **Postdoctoral Associate**
Duke University Medical Center, Durham, NC
Supervisor: Zach Rosenthal, Ph.D.
Duties: Caseload of 8-12 individual patients. Provide DBT and CBT for mood, anxiety, and personality disorders. Supervise graduate trainees on CBT cases via regular meeting and live supervision.

2008-2009 **Psychology Intern**
Duke University Medical Center, Durham, NC
Supervisors: Zach Rosenthal, Ph.D., Jill Compton, Ph.D., Clive Robins, Ph.D., Nancy Zucker, Ph.D., Laura Weisberg, Ph.D.
Duties: Intensive training in DBT and CBT for the full range of mood, anxiety, and personality disorders. Participated in specialized rotation in assessment and treatment at the eating disorders clinic. Caseload included individual adults and adolescents, as well as DBT skills groups for adults and adolescents.

2005-2006 **Psychology Extern**
Cognitive Behavioral/Dialectical Behavior Therapy Clinic at Harbor-
UCLA Medical Center
Supervisor: Lynn M. McFarr, Ph.D.
Duties: Trained and supervised in DBT and CBASP. Caseload included individual DBT therapy and group DBT skills training with clients with a diagnosis of borderline personality disorder and individual CBASP therapy with clients diagnosed with chronic major depression or dysthymic disorder.

2003-2008 **Graduate Clinical Training**
UCLA Psychology Clinic, Los Angeles, CA
Supervisors: Eric Miller, Ph.D.; Janice Jones, Ph.D.; Steven Schneider, Ph.D.; Michelle Craske, Ph.D.; Howard Adelman, Ph.D., Joel Becker, Ph.D.
Duties: CBT, CBASP, and mindfulness-based therapy for adults. Systems therapy for children. Assessment of adults and children. Study therapist on CBT and ACT anxiety treatment study (Craske).

Clinical Supervision Experience

2011-2012 **Licensed Clinical Supervisor**
Duke University Medical Center, Durham, NC
Duties: Provide individual and live group CBT supervision for seven psychiatry resident residents. Assume attending role for all sessions.

2008-2010 **Clinical Supervisor**
Duke University Medical Center, Durham, NC
Supervisor: M. Zachary Rosenthal, Ph.D.
Duties: Supervised an advanced graduate student in CBT and DBT. Provided live group CBT supervision for graduate students and residents.

2007-2008 **Clinical Supervisor**
UCLA Psychology Clinic, Los Angeles, CA
Supervisor: Jill Waterman, Ph.D.
Duties: Supervised second year graduate student from a CBT framework on her first adult individual therapy client. Observed weekly sessions and taught the CBT model as well as general therapy skills. Provided weekly supervision and monitored report writing.

2007 **Intake Supervisor**
UCLA Psychology Clinic, Los Angeles, CA
Supervisor: Jill Waterman, Ph.D.
Duties: Supervised second year graduate students doing their first intake interviews. Taught interviewing and report writing skills.

Research Mentoring Experience

Doctoral Student Mentor, American University, Washington, DC

2016- Madison Guter
2014- Evelyn Meier
2013- Danielle Cohn

Master's Student Mentor, American University, Washington, DC

2016- Alexandra Long
2015- Jenny Mitchell
2015-2016 Emma Woodward
2014-2016 Danielle Weber
2013-2015 Adrienne Baez
2013-2015 Alyssa Jones
2012-2014 Kaitlin Lehmann

Doctoral Committee Member, American University, Washington, DC

2016- Caitlin Condit
2015- Victoria Anagnostopoulos
2014- Emily Farr
2015-2016 Rachelle Calixte
2015-2016 Frances Rekrut
2014-2016 Kate Stewart
2014-2016 Sharone Weltfreid
2014-2015 Martha Falkenstein
2013-2015 Michael Greenfield
2012-2014 Joshua Clark
2012-2014 Kimberly Gilroy
2012-2014 Erin Sparapani
2013 David McDonald

Master's Committee Member, American University, Washington, DC

2016- Lyndsay Allardyce
2016 Mathew Stewart
2015-2016 Katherine Curtain
2015-2016 Aria Ruggiero
2015 Paula Bellini
2014-2015 Elizabeth Wallace
2013-2015 Laura Herron
2014 Katherine Bates
2013-2014 Christopher Hughes
2013-2014 Rachel Kramer
2013-2014 Lia Stern
2013 David Falco

Undergraduate Research Supervision, American University, Washington, DC

2015- Emma Faith
2015-2016 Meenal Goyal
2014-2015 Kelly Davis
2013-2014 Wynn Tashman
2012-2013 Lyla Dabbe

Honors Thesis Committee Member, Duke University, Durham, NC

2010 Morgan Rogers

Teaching Experience

American University, Washington, DC

2012-present **Abnormal Psychology and Society (UG)**
Psychology: Understanding Human Behavior (UG)
Social Psychology (UG)
Mediation and Moderation in Regression (G)
Personality Disorders (G)
Advanced Behavioral and Cognitive Therapies Practicum I (G)
Advanced Behavioral and Cognitive Therapies Practicum II (G)

Duke University Medical Center, Durham, NC

Summer 2011 **Lecture Series, Skills Training in Dialectical Behavior Therapy**

University of California, Los Angeles

2004-2008 **Teaching Fellow**

University of Pennsylvania, Philadelphia

2003 **Teaching Assistant**

Other Professional Affiliations and Activities

2015- **Chair**, Research Facilitation Committee, ABCT
2014- **Member**, Program Committee, ABCT
2013- **Associate Editor**, *The Behavior Therapist*
2012- **Member**, Research Facilitation Committee, ABCT
2009- **Full Member**, Association for Behavioral and Cognitive Therapies
2003-2009 **Student Member**, Association for Behavioral and Cognitive Therapies
2001 **Member**, Psi Chi Honor Society in Psychology

Ad hoc reviewer:

- 2016** *Polish Psychological Bulletin*
- 2015** *Cognitive Therapy and Research, The Behavior Therapist, Journal of Experimental Psychology, Journal of Personality Disorders, Personality Disorders: Theory Research and Treatment*
- 2014** *Journal of Abnormal Psychology, Neuropsychology Review, Personality Disorders: Theory Research and Treatment, Journal of Experimental Psychology, The Behavior Therapist*
- 2013** *Personality Disorders: Theory Research and Treatment (3), The Behavior Therapist (2), Neuropsychology Review, Psychological Reports,*
- 2012** *Cognitive Therapy and Research, Personality Disorders: Theory Research and Treatment (2)*
- 2011 and prior** *Journal of Personality Disorders, Journal of Nervous and Mental Disease, Journal of Affective Disorders, Journal of Women's Health*

Predoctoral Work Experience

- 2002-2003** **Case Manager/Research Assistant**
University of Pennsylvania, Philadelphia
Department of Psychiatry
Supervisors: Aaron T. Beck, M.D. and Gregory Brown, Ph.D.
- 2001-2003** **Research Assistant**
University of Pennsylvania, Philadelphia
Department of Psychiatry
Supervisor: Robert J. DeRubeis, Ph.D.